

Winner of the 2007 ASA/BFA Business & Aging Award

MindFit™

BRAIN POWER FITNESS

20 minutes | 3x week

- Keep your brain sharp & in top shape
- Designed for the active adult
- Scientifically validated



Improves:

- ✓ Memory
- ✓ Focus
- ✓ Concentration
- ✓ Coordination
- ✓ Learning

